



COVID-19 Online Support Group: Adjusting to the New Normal

Tuesdays at 6:30 pm

First Responders & Healthcare Workers*

Gain emotional support, share stories, learn new coping skills
and discover self-care strategies.

To receive a registration link to this FREE support group please
contact Jennifer Burger, Clinical Director

jennifer@deepwatermichigan.com

734-203-0183 x706

deepwatermichigan.com

*If you would like to join the online support group confidentially, please ask how.